

Curriculum Vitae

Dr. Emil Hidayatli, MBA, PGcertOCM

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Date of birth: June 23, 1982

e-mail address: emil.hidayatli@mail.ru **He is married, father of three children**

THEHSIL

- **SCOPE training program** **May, 2017 - May, 2018**
(Specialist Certification of Obesity Professional Education)
Professional education certification in obesity treatment
- **Metabolic Balance (Germany)** **April, 2017**
Licensed Metabolic Balance representative training course
- **UK College of Modern Healthcare** **September, 2014 - March, 2017**
(CCH, UK) and London South Bank University (LSBU)
Post-graduate studies in "Treatment and Management of Obesity".
- **A.Aliyev Azerbaijan State Medical Training** **April, 2015 – May, 2015**
Institute professional training course in
therapy specialty
- **International Register of Nutritionists (UK) August, 2014 – December, 2014**
He has a diploma in "Nutrition science" (nutritiology)
and is registered as a nutritionist
- **Azerbaijan State Economic University** **February, 2009 – September, 2011**
Master of Business Organization and Management
(External MBA)
- **Azerbaijan medical university** **September, 1999 – July, 2005**
Faculty of medical work - doctor-anesthesiologist

WORK EXPERIENCE

- **"Academy of Nutrition, Diet and Prevention of Obesity"**
(Academy of Nutrition, Dietetics and Obesity Prevention (ANDOP))
Co-founder and lead trainer November, 2016 – present
 - "Fundamentals of Nutrition and Dietetics" training organized for doctors
lead trainer
 - Leading trainer of "Obesity" training organized for doctors

- "Nutritional incompatibility and its various diseases" organized for doctors
leading trainer of the training
- Organization of various trainings on healthy nutrition

• **"Macrobiosis" Anti-aging and aesthetic center**

Doctor-dietitian, December 2016 – present
Obesity treatment specialist
Representative of "Metabolic Balance" program

- Preparation of an individual nutrition plan for weight correction based on the "Metabolic Balance" program of Germany
- Determination of individual weight loss and weight gain plan
- Determining the correct nutrition plan in various diseases with metabolic disorders

• **Ganja International Hospital**

Doctor-dietitian, July 2016 – present
Obesity treatment specialist

- Professional segmental analysis of patients' body weight
- Designing and modifying an individual healthy eating plan
- Determination of individual weight loss and weight gain plan
- Determining the correct nutrition plan in various diseases with metabolic disorders

- Determination of in-hospital nutrition plan
- Compilation and maintenance of a food diary
- Clarifying harmful habits and replacing them with healthy ones
- Individual coaching of patients
- Conducting cognitive behavioral therapy

• **"Evrasiya" Hospital, RTR Aesthetic Center**

Doctor-dietitian, November, 2015 – January, 2018
Obesity treatment specialist

- Professional segmental analysis of patients' body weight
- Designing and modifying an individual healthy eating plan
- Determination of individual weight loss and weight gain plan
- Determining the correct nutrition plan in various diseases with metabolic disorders

- Determination of in-hospital nutrition plan
- Compilation and maintenance of a food diary
- Clarifying harmful habits and replacing them with healthy ones
- Individual coaching of patients
- Conducting cognitive behavioral therapy

• **Zepter International Azerbaijan LLC (Switzerland)**

Medical consultant and consultant physician September, 2014 – October, 2016

- Promotion of a healthy lifestyle
- Conducting lectures and trainings on healthy nutrition and healthy cooking

- Conducting lectures and trainings on light therapy

• **"AIDA" Medical Center**

Doctor-nutritionist

October, 2013 – October, 2015

Obesity treatment specialist

- Professional segmental analysis of patients' body weight
- Designing and modifying an individual healthy eating plan
- Determination of individual weight loss and weight gain plan
- Determining the correct nutrition plan in various diseases with metabolic disorders

- Compilation and maintenance of a food diary
- Clarifying harmful habits and replacing them with healthy ones
- Individual coaching of patients
- Conducting cognitive behavioral therapy

• **Representation of "Astellas Pharma Europe BV" in Azerbaijan (Japan)**

Head of the delegation

May, 2011 – March, 2015

• **Representative Office of "Novartis Pharma Services AG" in Azerbaijan (Switzerland)**

Medical consultant and consultant physician

June, 2009 – April, 2011

- Promotion of a healthy lifestyle
- Conducting lectures and trainings on rational antibiotic therapy

• **Lek a Sandoz company (Slovenia)**

Medical consultant and consultant physician

March, 2006 - June, 2009

- Promotion of a healthy lifestyle
- Conducting lectures and trainings on rational antibiotic therapy

• **City Clinical Hospital No. 1**

Doctor - Anesthesiologist

August, 2006 - June, 2009

• **City Clinical Hospital No. 1**

Doctor-intern (Anesthesiologist-Reanimatologist)

August, 2005 - August, 2006

• **City Clinical Hospital No. 1
Republican Toxicology Center**

Medicine brother

November, 2002 - May, 2005

A L A V A

Language skills: English – perfect

Azerbaijani - mother tongue

Russian - perfect

Turkish - medium-high level

Computer programs: Excel, Word,

PowerPoint, Outlook

General: Team member with high communication skills. He has continuous and successful work experience in international companies.